# Characteristics of Congenital Coronary Artery Fistulas Complicated with Infective Endocarditis: Analysis of 25 Reported Cases

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### ABSTRACT

Congenital coronary artery fistulas (CAFs) are infrequent congenital coronary artery anomalies. Complications such as left-to-right shunt, congestive heart failure, myocardial infarction, pericardial effusion, aneurysm formation, rupture, hemopericardium, pulmonary hypertension, infective endocarditis (IE), syncope, stroke, and sudden death may occur with a variable low frequency. To describe the clinical characteristics of patients with CAFs complicated by IE. A search was conducted through PubMed using the terms "CAFs" and "IE." Papers with a full description of the fistula characteristics and detailed data regarding bacterial endocarditis were included for evaluation. In the overall group of reviewed subjects (n = 25, 9 females), the mean patient age was 42.5 years (range: 16 and 87). The right coronary artery (RCA) and left coronary artery (LCA) contributed equally to fistula formation. Terminations into the right heart side occurred in 19 (76%) fistulas. The majority of the fistulas (92%) were unilateral. The cultured microorganism was Streptococcus in 14 (56%) and *Staphylococcus* in 4 (16%) of the reviewed subjects. Echocardiographic single or multiple valvular regurgitation was found in 8 (32%) of the reviewed subjects. Small and large intracardiac vegetations were detected in 18 patients (72%). Antibiotic therapy was initiated in 20 (80%) subjects and 16 fistulas were treated surgically. During surgery, spontaneous closure of the fistula was observed in one patient. Percutaneous therapeutic embolization (PTE) was successfully performed in two subjects. CAFs complicated by IE may affect all age groups with a slight male preponderance. Unilateral fistulas, either arising from the right or left coronary artery, are predominant, draining mainly into the right heart side. It is emphasized that antibiotic prophylaxis is strongly advised for pediatric and adult patients with congenital CAFs.

Key Words. Congenital Coronary Artery Fistulas; Congenital Anomaly; Infective Endocarditis; Fistula Characteristics; Valvular Heart Disease; Surgical Closure

### Introduction

**C** ongenital coronary artery fistulas (CAFs) are associated with a risk of complications such as infective endocarditis (IE), rupture, and sudden death. Congenital CAFs have been associated with IE in children<sup>1</sup> and adults.<sup>2</sup> The fistulas may originate from the right coronary artery (RCA) or left coronary artery (LCA) and may terminate into any right or left cardiac chamber or any thoracic venous or arterial vessel. IE may involve unilateral<sup>3</sup> as well as bilateral<sup>4</sup> fistulas. The pathogenic microorganisms may invade the semilunar<sup>5,6</sup> or atrioventricular<sup>3,7,8</sup> valvular structures.

 $ar^{3,7,8}$  valvular structures. Both *Streptococci*<sup>4,9–12</sup> and to a lesser extent *Staphylococci*<sup>13,14</sup> species have been isolated from

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CAFs patients with IE. Valvular<sup>15</sup> and nonvalvular<sup>4,9</sup> infection and vegetation may occur. A literature review describing the clinical characteristics of congenital CAFs complicated by IE in 25 reported cases is presented.

This review aimed to summarize the clinical characteristics of patients and features of the CAFs complicated by IE.

### Methods

A search was conducted through PubMed using the terms "CAFs" and "IE." For a paper to be included, it had to contain a full and detailed description of the fistula accompanied by data regarding IE. This resulted in a total of 60 papers. Twenty-four were not included because of irrelevance and 15 were excluded due to incompleteness and a lack of detail. Reference lists were scrutinized for relevant publications, resulting in the identification of an additional two papers. Therefore, 23 papers were eligible for analysis and evaluation. Other congenital coronary artery anomalies were excluded. The following items for evaluation of coronary artery fistulas complicated by IE were stipulated: age, gender, involved microorganism, diagnostic modalities (echocardiography, coronary angiography, and cardiac catheterization), fistula characteristics (origin, termination, number of donor vessels "unilateral, bilateral or multilateral," and mode of termination [cameral "CCFs" vs. vascular "CVFs"], details regarding IE (blood culture when available, vegetation, valvular, and nonvalvular involvement) and surgical or nonsurgical management.

#### Statistical Analysis

Values were expressed as means, averages, and percentages.

### Results

Overall, 25 (9 females and 16 males) reviewed subjects were included in the analysis. The mean patient age was 42.5 years (range: 16 and 87). Clinical presentations included fever (15 subjects), fatigue (5 subjects), bacterial endocarditis (4 subjects), congestive heart failure (2 subjects), weight loss and nocturnal sweats (2 subjects each), hemoptysis (1 subject), and stroke (1 subject) (Table 1).

There was an equal distribution of the RCA (n = 14) and the LCA (n = 13) in the fistula formation. There were 23 (92%) unilateral fistulas, with bilateral fistulas being found in only two patients. None of the subjects presented multilateral fistulas. Terminations into the left heart side were found in six patients and into the right heart side in 19 (76%) patients. Regarding mode of termination, 14 patients (56%) had coronary-cameral fistulas and 11 possessed coronary-vascular fistulas (CVFs). The cultured microorganism was Streptococcus in 14 subjects (viridans n = 7, mitis n = 1, pneumoniae n = 1, and unspecified n = 5), Staphylococcus aureus in four, negative culture in two, HACEK (Haemophilus, Aggregatibacter, Cardiobacterium, Eikenella, and Kingella) in one and not reported in four of the reviewed subjects.

Small and large vegetations, which were confirmed echocardiographically and/or surgically, occurred in 18 patients. Of those, sterile culture was found in two, another eight were caused by *Streptococcus* infection, *HACEK* was responsible for the infection in one, by *S. aureus* in four and the microorganism was not reported in three. Echocardiographic evaluation revealed single or multiple valvular involvement, including regurgitation in eight of the reviewed subjects. Valvular vegetations were demonstrated in 12 subjects (single n = 9 and multiple n = 3 producing 15 valvular lesions) including involvement of the aortic (AV n = 4), mitral (MV n = 7), tricuspid (TV n = 3), and pulmonary valve (PV n = 1) (Table 2).

Among the reviewed subjects, 20 received antibiotic therapy and 16 were treated surgically (6 isolated and 10 combined with coronary artery bypass grafting (n = 4) and/or valvular correction (n = 10)). Six subjects received antibiotic therapy alone.

Percutaneous therapeutic embolization (PTE) was successfully performed in two subjects. During surgery, spontaneous closure of the fistula by thrombus and debris was observed in one patient. Aortic valve replacement was performed in four patients and four underwent mitral valve replacement. Furthermore, mitral valve repair in one and combined with tricuspid valve plasty in another patient.

# Laboratory Data: Echocardiographic/Angiographic/ Hemodynamic/Microbiologic/Septic Embolization and Associated Coronary Artery Disease

### Echocardiographic Data

Valvular vegetations were demonstrated in 12 subjects (single n = 9 and multiple n = 3 valvular lesions) including involvement of the aortic (AV n = 4), mitral (MV n = 7), tricuspid (TV n = 3), and pulmonary valve (PV n = 1). The size of vegetation was variable (mean 6.9–13 mm, range  $3 \times 6$  to  $12 \times 18$  mm). Echocardiographic evaluation revealed single or multiple valvular involvement, including (mild, moderate, and severe) regurgitation in eight of the reviewed subjects. None of the reviewed subjects had preexistent significant valvular disease.

# Angiographic Data: (Fistula Characteristics: Origin/Pathway/Termination/Diameter)

There was an equal distribution of the RCA (n = 14) and LCA (n = 13) in the fistula formation. The unilateral fistulas accounted for 92% of cases (23 patients) and the bilateral fistulas were found in only two patients. None of the subjects presented multilateral fistulas. Terminations into the left

Case/Age/ Gender	Year/Reference/ Clinical Presentation	Pathogenic Microorganism/ Septic Embolization	Vegetations/ Involved Valves	Fistula Characteristics L-R Shunt	Pharmacological and Nonpharmacological Interventions
35F	1964(17)/intermittent fever, dysp-	Streptococcus viridans	None	$CX \to PLSVC$	AB/SL
31M	1992(41)/intermittent fever after dental procedure	Streptococcus viridans	None	RCA  o LV Dilated $RCA$	AB (4 weeks)
17F	1993(45)/intermittent fever, hemopt-	Streptococcus viridans	Vegetations on the edges of TV	$RCA \to CS \text{ Aneurysm } RCA$	AB
41M 72F	yaswegu oss 1995(11)/fatigue 1995(11)/fever, nocturnal sweats, weight loss	Streptococcus viridans	None None	$RCA \rightarrow CS (1.4:1)$ Aneurysm RCA $CX \rightarrow CS (1.2:1)$	AB/CABG/SL AB/CABG/SL
30M	1998(35)/nocturnal sweats	Streptococcus viridans	None		AB/SL
61M	1999(49)/fever, nocturnal sweats, general malaise	Streptococcus	Vegetation	Cx  o CS (25%)	AB
31M	2004(14)/fever, myalgias, neck stiff-	Staphylococcus aureus	Vegetations in RA.	CX  o CS	AB (10 days)/SL/
	ness, nausea, vomiting	Septic pulmonary embolism	Normal heart valves	Aneurysm Cx	debridement
30M	2004(9)/fever	Streptococcus	Vegetations on the LCC and the inferior atriocaval junction. Nor- mal heart valves with mild AR and TR	Left sinus of Valsalva → RA (2.0:1)	AB (2 months)/SL
23M	2004(16)/fever	NR	Vegetations with RVOT obstruction.	$LAD \to RV \text{ (SCA) (2.09:1)}$	SL
65F	2004(16)/fever	RN	Destruction of pMVL Severe MR	Bilateral LAD, $RCA  ightarrow LA$ (1.13:1)	MVR/SL
37M	2005(4)/intermittent fever, weight loss	Streptococcus mitis	Vegetations within the CS normal cardiac valves	Bilateral Cx, RCA → CS	AB (6 weeks)
16F	2005(7)/fever, chest pain	Staphylococcus aureus Septic pulmonary embolism	Vegetation over TV	RCA  o RA (1.3:1)	AB (>6 weeks)/SL
32F	2007(5)/acute pulmonary edema, Iowrrada favar	Culture negative	Vegetation AV	LM-RV	AVR/Spontaneous closure
65F	2009(15)/severe congestive heart	Streptococcus pneumoniae	Vegetation over AV, MV and CS.	RCA → CS	AB/AVR/MVR/CABG/SL
61M	lallure 2009(3)/bacterial endocarditis	NB	Destruction of MV and AV Small vegetations on the edges of	Aneurysm HCA Cx → CS	AB/valve repair (MVP and
			MV and TV with TR and MR	Aneurysm Cx	TVP)/CABG/SL
63F 45 M	2010(6)/constitutional symptoms	HACEK	Vegetation PV	LCS ↓ PA	SL AB (0 montho)/DTE
43M 23M	2012 (8)/bacterial endocarditis	Streptococcus	Vegetation MV	RCA ↓ LV RCA ↓ LV	AB/MVR/SL
			Moderate MR	Dilated RCA	
27M	2013(10)/bacterial endocarditis	Streptococcus viridans	MV perforation. No vegetation Severe MR	RCA → LV Aneurvsm RCA	AB (6 weeks)/SL/ valve repair (MVP)

Table 1. IE in Reviewed Subjects with Congenital Coronary Artery Fistulas

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		Pathogenic			Pharmacological and
Case/Age/ Gender	Year/Reference/ Clinical Presentation	Microorganism/ Septic Embolization	Vegetations/ Involved Valves	Fistula Characteristics L-R Shunt	Nonpharmacological Interventions
31M	2014(47)/fever, fatigue	Streptococcus	Vegetation MV and AV	$CX \to LV$	AB (5 weeks)/AVR/MVR/SL
53F	2014(48)/fever, headache, vomiting	Septic renal embolism Staphylococcus aureus	Vegetation MV	Dilated Cx RCA → RA	AB (6 weeks)
49M	2015(12)/intermittent fever, fatigue, headache, anoravia, dizzinace	Septic pulmonary empolism Streptococcus	Vegetation at the junction between	Aneurysm HCA RCA → SVC Dilated PCA	AB (6 weeks)/PTE
38M	cough anotoxia, uizziness, cough 2015(34)/acute biventricular failure, fever dvsmea on exertion	Culture negative	Vegetation AV Severe AR	Dilated for Dilated Cx	SL/AVR
87M	cough, decreased exercise tolerance 2015(13)/fatigue, lethargy	Staphylococcus aureus	Vegetation at drainage point RV	RCA → RV	AB/CMM
		History of pulmonary embolism	free wall	Aneurysm RCA	
AB, antibiotic	; AR, aortic regurgitation; AV, aortic valve; AV	/R, aortic valve replacement; CABG, co	ronary artery bypass grafting; CAF, coronary	y artery fistula; CMM, conservative medic	al management; CS, coronary sinus;

Ab, antuolotic; AH, aortic regurgitation; AV, aortic valve; AVR, aortic valve replacement; CABG, coronary artery bypass grafting; CAF, coronary artery fistula; CMM, conservative medical management; CS, coronary sinus; CX, circumflex coronary artery; F, female; *HACEK, Haemophilus, Aggregatibacter, Cardiobactenum, Eikenella*, and *Kingella*; LA, left atrium; LCC, left coronary cusp; LM, left main coronary artery; F, female; *HACEK, Haemophilus, Aggregatibacter, Cardiobactenum, Eikenella*, and *Kingella*; LA, left atrium; LCC, left coronary cusp; LM, left main coronary artery; It-R shunt, left-to-right shunt; LV, left ventricle; M, male; MR, mitral valve; MVR, mitral valve replacement; NR, not reported; PTE, percutaneous therapeutic embolization; pMVL, posterior mitral valve is the replacement; N, right ventricle outflow tract; SCA, single coronary artery; SL, surgical ligation; SVC, superior vena cava; TR, tricuspid regurgitation; TV, tricuspid valve.

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Table 1. Continued

Table 2.	Site of Valvula	r and Nonvalvula	r Vegetations
in 25 Patients with CAFs Complicated by IE			

Site	References
AV(n = 4)	5 15 34 47
MV (n = 7)	3.8.10.15.16.47.48
TV $(n = 3)$	3,7,45
PV(n = 1)	6
RV(n = 2)	13,16
RA(n = 2)	14,51
CS (n = 2)	4,15
SVC $(n = 1)$	12
Inferior atriocaval junction $(n = 1)$	9
None	10,11,14,17,35,41

AV, aortic valve; MV, mitral valve; TV, tricuspid valve; PV, pulmonary valve; RV, right ventricle; RA, right atrium; CS, coronary sinus; SVC, superior vena cava.

heart side were found in six patients and into the right heart side in 19 (76%) patients. Regarding the mode of termination, 14 patients (56%) had coronary-cameral fistulas and 11 possessed CVFs.

Dilatation of the donor vessel was present in 88% of subjects (22/25). The mean diameter of the donor-vessel (n = 11) was 21.2 mm (range 8–50 mm). Aneurysm formation of the vessels was prevalent (36%), besides elongation and tortuosity of its pathway. In contrast, dilatation of the termination site was only found in 16% of the subjects.

#### Hemodynamic Data

Qp:Qs was performed in 10 patients. Variable shunt size with the left to right shunt with a pulmonary to systemic flow ratio was small (<1.5, n = 5), moderate (1.5–2.0, n = 2) and severe (>2.0, n = 3). Symptoms occurred irrespective of the shunt size.<sup>7,11,16,17</sup> Aneurysm formation was noticed in two subjects with limited (<1.5) left-to-right shunt.<sup>11</sup> Spontaneous partial closure was not reported in any of the reviewed subjects. Spontaneous total closure by debris and thrombi was seen during surgery in one subject.<sup>5</sup>

### Cultured Pathogenic Microorganisms

The cultured microorganism was *Streptococcus* in 14 subjects (*Viridans* n = 7, *mitis* n = 1, *pneumoniae* n = 1 and unspecified n = 5), *S. aureus* in four, *HACEK* (*Haemophilus*, *Aggregatibacter*, *Cardiobacterium*, *Eikenella*, and *Kingella*) in one, there was a negative culture in two and the result was not reported in four of the reviewed subjects. Small and large vegetations confirmed echocardiographically and/or surgically occurred in 18 patients. Of those, sterile culture was found in two, eight were caused by *Streptococcus* infection, *HACEK* was responsible for the infection in one, the microor-

ganism was not reported in three and by S. aureus in four.

### Septic Embolization

Septic emboli to the lungs (four subjects and one with a past history of pulmonary embolism) and the kidney (one subject) were reported in 6/25 (24%) (three females and three males, mean age of 39.2 (range 16-87 years)) of the reviewed subjects. The cultured pathogenic microorganisms were S. aureus  $(4\times)$  and Streptococci  $(2\times)$ . Dilatation and aneurysm formation of the vessels were present in five of them. The fistula originated from the RCA in four and from the Cx in two of the subjects. In case of septic renal emboli (Streptococci), the fistula terminated into the LV and regarding the pulmonary septic emboli (S. aureus  $(4\times)$  and Streptococci  $(1\times)$ ), the fistula ended at the right heart side (right atrium (RA)  $2\times$ , coronary sinus (CS)  $2\times$ , and right ventricle (RV)  $1 \times$ ) in all. The majority of the septic pulmonary emboli were caused by S. aureus (4/ 5 = 80%).

### Associated Coronary Disorders

In 21 subjects, CAFs were isolated defects, while the fistula was associated with acquired obstructive coronary artery disease in four of the reviewed subjects. Single coronary artery was reported in one subject.<sup>16</sup>

# Time between Diagnosis, Prior Antibiotic Treatment, and Intervention

A prior course of intravenous antibiotics was reported in 20 subjects. The time between diagnosis and intervention was documented in 10 subjects, not reported in another 10 subjects and the time lasting from diagnosis until surgical intervention was not mentioned at all in five subjects. The time between establishing the diagnosis, initiating antibiotic course, and start of surgical intervention varied from days (one subject), 2–6 weeks (8 subjects) to 6 months (one subject).

### Discussion

Untreated congenital CAFs may be associated with several serious complications (Table 3), such as IE, which is considered a real danger. CAFs in adult subjects complicated by IE, affecting both the right heart side and left cardiac valves with valvular destruction<sup>15</sup> and perforation of the leaflets<sup>10</sup> have been reported. IE has also been reported in children with coronary-cameral fistulas.<sup>1,18</sup>

Table 3. Possible Complications of CAFs

Complication	Features
Cardiovascular	Myocardial infarction, stroke, aneurysm, rupture
Pulmonary vascular	Pulmonary hypertension
Infectious	Bacterial endocarditis, septic pulmonary embolism, and septic renal embolism
Valvular	Incompetence, dysfunction, perforation
Pericardial	Hemopericardium, pericardial effusion, tamponade
Myocardial	Congestive heart failure
Arrhythmic	Supraventricular arrhythmias, ventricular arrhythmias, and sudden death

IE may occur not only in patients with coronary-cameral fistulas<sup>19,20</sup> but also in patients with CVFs.<sup>12,21,22</sup> IE is not only reported in congenital fistulas but also has been described with acquired accidental fistulas.<sup>23</sup>

In the beginning of the last century, vegetation complicating IE was reported in postmortem pediatric cases of coronary-cameral fistulas.<sup>24,25</sup> Nowadays, antemortem diagnosis is easily established due to the increased awareness and widespread and early use of noninvasive diagnostic modalities.

The estimated incidence of IE has been reported to occur from 3% to 12% of cases.<sup>1,2,26–31</sup> The risk of IE was calculated to be 0.25% to <0.4% per patient-year.<sup>32,33</sup> In 1992, Fernandes et al. found that IE developed in association with a coronarycameral fistula in 1 out of the 93 patients studied.<sup>19</sup> On the other hand, in 2015, Kaminska et al. identified 18 reports of patients with CAFs complicated with IE in the period from 2000 to 2015.<sup>34</sup>

IE may be present as an initial manifestation of CAFs<sup>11,35</sup> or may develop during the course of disease.<sup>36</sup> IE may occur in isolated CAFs or fistulas associated with other congenital cardiac defects.<sup>30</sup> Accordingly, in the current review, fever was the most common symptom occurring in 60% of subjects followed by fatigue and sepsis.

In 2006, upon reviewing the worldwide literature, IE was reported in 2% of pediatric subjects.<sup>37</sup> The subacute presentation of bacterial endocarditis has been reported in both pediatric subjects with coronary-cameral fistula<sup>36</sup> and adult patients with CVF.<sup>16,38</sup> In 1984, Slater et al. reported recurrent IE in a middle-aged man with a coronary-cameral fistula.<sup>39</sup>

It has been reported that the most common microorganisms causing IE include: *Streptococci*, *S. aureus*, *Enterococcus* species, *HACEK* organisms, and *fungi*. The rate of subsequent bacteremia (*Streptococcus* species) following transesophageal echocardiography is estimated at 0–25% and after dental

extractions at 30–100%.<sup>40</sup> *Streptococci* accounted for the majority of IE associated with CAFs, with *Streptococcus viridans* being the most commonly involved microorganism. In the current review, *S. viridans* accounted for 50% of *Streptococci* species. The majority of published reports did not include the focus of infection and no predisposing factors for bacterial endocarditis were acquainted. Dental procedure preceded the occurrence of IE in the case reported by Tsai et al.<sup>41</sup>

*Staphlyococci*<sup>14</sup> have been isolated in a few cases, but *Streptococcus* species are the most commonly isolated microorganisms from blood cultures.<sup>9,35</sup> This was the case in the present review, as *Streptococcus* species were predominant (56%). In coronary-cameral fistula associated with IE, *S. aureus*<sup>36</sup> or *Streptococcus mitis* were isolated and vegetations were found in pediatric subjects.<sup>42</sup>

In patients with CAFs complicated by IE, valvular<sup>43</sup> and nonvalvular involvement<sup>44</sup> has been reported. It was noted in a coronary-cameral (RCA to RV) fistula, in a surgically treated child<sup>20</sup> and in a conservatively treated elderly patient<sup>13</sup> caused by *S. viridans* and *S. aureus*, respectively, that IE was associated with nonvalvular vegetations protruding at the drainage point into the right ventricle.

Small or large nonvalvular vegetations,<sup>3,9,20,39</sup> as well as small or large valvular vegetations at the atrioventricular valves<sup>3,7</sup> or semilunar valves,<sup>5,15,43</sup> have been observed. Destruction of the right<sup>45</sup> or left<sup>15</sup> atrioventricular valve and semilunar valves<sup>15</sup> occurred secondary to IE. In 1993, Ong reported a case of CVF which presented as a recurrent pulmonary embolism secondary to septic embolism originating from vegetations on the edges of the tricuspid valve.<sup>45</sup> Furthermore, echocardiographic evaluation revealed a large vegetation of the right ventricle without valvular vegetation, causing obstruction of the right ventric outflow tract; in another patient, the posterior mitral valve leaflet was totally destroyed.<sup>16</sup>

Earlier reports have indicated that congenital coronary-cameral fistulas (CCFs) are more prone for the development of IE than CVFs.<sup>46</sup> The reason for this is that it is believed that the high-speed jet lesion may cause damage to the endothelial lining of the myocardium, leading to local vulnerable nidus near the drainage site of the fistula. Furthermore, it is assumed that vegetation and perforation occur because of the increased and abnormal turbulent flow (Figure 1 and supporting information video 1) related to fistulas near the cardiac valves.<sup>3,45,47</sup>

Additional complications of IE associated with CAFs include septic pulmonary embolism as well as septic embolization to the renal region.<sup>7,14,47,48</sup>



**Figure 1.** Fistulous jet (\*) of a fistula (F) arising from the left anterior descending coronary artery (LAD) and terminating into pulmonary artery (PA) may cause lesion of the endothelial wall of the vessel and may act as a nidus (\*).

### Septic Embolization

Septic emboli to the lungs and the kidney were reported in 6/25 (24%) of the reviewed subiects.<sup>7,13,14,45,47,48</sup> The majority of the septic pulmonary emboli were caused by S. aureus (4/5 =80%). Dilatation and aneurysm formation of the vessels were present in five of them. Termination was coronary-cameral in four and coronaryvascular in two of the subjects. Termination into the left ventricle occurred in the fistula causing septic renal emboli (Streptococci) and regarding the pulmonary septic emboli (S. aureus  $(4\times)$ ) and Strep*tococci*  $(1 \times)$ ), the fistula ended at the right heart side in all. These findings emphasize that aggressive pharmacological and nonpharmacological treatment strategies are highly recommended to prevent such complications.

## Mechanism of Left-Sided Valve Involvement in Right-Sided Origin of CAFs

Right-sided origin of the fistula with left-sided valve involvement was found in five reports.<sup>3,5,15,34,48,34</sup> On the other hand, right-sided origin of the fistula with right-sided valve involvement were present in four<sup>3,6,7,45</sup> and fistula with left-sided pathway causing left-sided valve endocarditis were detected in four of the reviewed subjects.<sup>8,10,16,47</sup>

It is postulated that jet-related lesions at the site of entry of CAF may cause damage to the intimal wall that may be the site of endocarditis. Furthermore, the turbulent and usually continuous flow related with CAF near the cardiac valves may be responsible for the damage. Congenital CAF may cause endocarditis of the valves on the left and right side of the heart. In case of right-sided origin of CAF with left-sided endocarditis, infectious emboli may migrate via the pulmonary vasculature to the left-sided cardiac valves. Septic pulmonary embolism giving rise to left-sided valvular endocarditis has been reported in few CAF cases with rightsided origin.<sup>7,14,45,48</sup> In some cases, infectious pulmonary emboli may remain unnoticed and may be reported as a medical history.<sup>13</sup> Some authors declared that it was unclear which was the first focus of infection the CAF itself or the infected valve lesion.<sup>15</sup> In our current review, none of the subjects had preexistent important valvular disease.

In the current review, the applied treatment modalities included intravenous antibiotics, <sup>4,41,45,49</sup> surgical ligation of the fistulas<sup>14,38</sup> combined with<sup>3,11</sup> or without CABG and valve repair<sup>50</sup> and single or multiple valve replacement.<sup>8,15,16</sup>

In our current review, surgical closure of the fistula was frequently performed (64%), after completing effective antibiotic treatment, but PTE was successfully performed in some selected cases (8%).<sup>12,51</sup>

# Time between Diagnosis, Prior Antibiotic Treatment, and Intervention

A prior course of intravenous antibiotics, of variable length from days to months, was reported in 20 subjects. However, the time between diagnosis and intervention was documented in a limited number of the reviewed reports (10 subjects). The outcome was favorable in all reported subjects.

Spontaneous obliteration of small fistulas without significant left-to-right shunt in the absence of IE have been reported.<sup>52–54</sup> Spontaneous closure of the fistula (4%) has occurred via the formation of thrombotic materials and debris following an episode of IE.' Spontaneous closure, not associated with IE, has been observed in pediatric and adult subjects caused by atherosclerotic and thrombotic changes.<sup>2</sup> In addition, turbulence-induced shearing force resulting from high flow through the fistulous vessels might lead to excessive endothelial damage and intraluminal atherosclerotic changes.<sup>16</sup> Slater et al. found old healed vegetations surrounding the terminal portion of the fistula during surgery.<sup>39</sup> Furthermore, spontaneous complete occlusion by debris and clots was found in the case reported by Sethuratnam and colleagues.<sup>5</sup> In patients who have been operated upon, IE remains a real danger as long as residual or recurrent fistulas, with or withdilatation of the donor vessel, out exist

postoperatively. Cheung et al. reported a relatively high incidence (19%) of residual or recurrent fistulas.<sup>43</sup> A residual fistula may manifest growth and increase in size, resulting in the formation of an aneurysm. It has been reported that proximal coronary artery dilatation persists after surgical procedures and sometimes thromboses.<sup>43</sup> As early as 1966, Araya and associates, noticed the fatal rupture of the dilated proximal artery after closure of a coronary fistula.<sup>55,56</sup> Consequently, Cheung et al., suggested a reduction aneurysmectomy to prevent postoperative fatal rupture of the dilated proximal coronary artery.<sup>43</sup>

It is widely accepted that onset of symptoms including typical or atypical chest pain, dyspnea or palpitation due to left-to-right shunt may occur with Qp:Qs ratio of >1.5. In the current review, Although the shunt size was variable with pulmonary to systemic flow ratios (Qp:Qs) of small (<1.5, n = 5), moderate (1.5–2.0, n = 2), and severe (>2.0, n = 3), symptoms and IE occurred irrespective of the shunt magnitude. It should be emphasized that antibiotic prophylaxis is strongly advised for pediatric and adult patients with congenital CAFs.

### Conclusions

IE as sequelae of CAFs is an important complication. Slightly more males (60%) than female subjects are affected by IE, with an equal contribution of the fistula-donor right and left coronary arteries. *Streptococcus* species were predominant. The majority of fistulas were unilateral with the overwhelming majority ending into the right heart side, producing valvular and nonvalvular vegetations. Distal septic embolization to the lungs and kidney may also occur. Antibiotic therapy and surgical treatment were the most commonly applied interventions in the majority of the subjects reviewed.

### Limitations of the Study

First, there is a data collection bias over a time period which ranged from 1964 until 2015 and second, there is publication bias, as only papers with abnormal and interesting findings are accepted for publication. The results of the current literature review are intended to be indicative and require interpretation with some caution. Further studies on a larger number of patients with congenital CAFs, treated or untreated, complicated by IE are warranted to delineate other characteristics. We are encouraged to initiate an international survey on coronary artery fistulas (Euro-CAF.care).

# Summary of Features of Patients with Congenital CAFs Complicated by IE Based on Findings of the Current Review

- 1. IE may complicate the course in patients of all age groups with congenital CAFs.
- 2. There is an equal distribution of RCA and LCA with regard to the fistula formation.
- 3. High incidence of unilateral fistulas with a high percentage of drainage into the RH side.
- 4. Significantly high rate of culture of *Strepto-cocci* as a causative pathogenic microorganism.
- 5. All four cardiac valves, chambers and great venous vessels are affected. Valvular and nonvalvular vegetation may evolve with a variable size of vegetation (mean 6.9–13 mm, range  $3 \times 6$  to  $12 \times 18$  mm), and spontaneous closure, secondary to debris and thrombotic changes, is infrequently observed (4%).
- 6. A slight difference was found between CCFs (56%) and CVFs (44%).
- 7. The shunt magnitude was variable and IE may occur irrespective of shunt size.
- 8. Dilatation of the involved vessel is predominant (88%), with aneurysm formation in 36% of the reviewed subjects. In contrast, dilatation of the termination site was only found in 16% of the subjects.
- 9. Septic pulmonary and renal emboli were reported in 6/25 (24%) of the reviewed subjects.

# Characteristics of Congenital CAFs Complicated with IE

- 1. In coronary-cameral and to a lesser extent coronary-vascular fistulas, IE caused by *Streptococci* or *Staphylococci* may affect all age groups with a slight male preponderance (64%).
- 2. Unilateral fistulas are predominant (92%) and drainage to the right heart side (76%) is prevalent.

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